



Dear Member Associations,

ITTF-Oceania is pleased to offer all its Member Associations a training camp held from the 22 – 26 of March 2018. The main objective of the camp is to assist with your preparations to compete in the 2018 Commonwealth Games. However, the camp is open to all associations in Oceania.

The camp will take place near the Gold Coast to minimise domestic travelling between the ITTF-Oceania Championships and the start of the Commonwealth Games.

### **Location**

EatCool Table Tennis Centre  
Unit H/130 Kingston Rd,  
Brisbane, QLD, 4119  
Australia

### **Contact**

*Organiser:* ITTF-Oceania High Performance Officer Patrick Wuertz  
[pwuertz@ittfoceania.com](mailto:pwuertz@ittfoceania.com)

### **Purpose**

The training camp in March focuses on the physical and mental preparation of the athletes participating at the Commonwealth Games 2018 starting on the 4<sup>th</sup> of April. Most of the athletes from Oceania will likely also participate at the ITTF-Oceania Championships. Therefore, a combined training camp will give the countries the opportunity to maximise the hours and quality of training in between the two events.

### **Accommodation & Hospitality**

All participants are responsible for organising their own accommodation, meals and domestic transport. The venue will provide multiple meal options and participants are invited to join in a combined lunch for AU\$7 per person per day. The area around the venue has a number of different accommodation options. Below are 3 options that could be suitable for the players and coaches attending the camp:

- Option 1: Travelodge Hotel Garden City
- Option 2: Springwood Motor Inn
- Option3: Quest Eight Mile Plains



## Coaches

### Head Coach

Patrick Wuertz

ITTF-Oceania organises and covers the costs for the expert, equipment as well as the venue for the training camp.

### Training / Friendly Match

The training camp will run for 5 days with 2x 2.5 hours per day. Local players will join training sessions on a daily basis. In addition, regular friendly matches are organised throughout the week to simulate match situations in the lead up to the Commonwealth Games.

### Key Dates

<b>Camp Registration Deadline</b>	<b>15<sup>th</sup> February 2018</b>
<b>ITTF-Oceania Championships</b>	<b>15<sup>th</sup> - 19<sup>th</sup> March 2018 – Gold Coast</b>
<b>Training Camp to prepare for Commonwealth Games</b>	<b>22<sup>th</sup> - 26<sup>th</sup> March 2018 – Brisbane (near Gold Coast)</b>
<b>Commonwealth Games</b>	<b>4<sup>th</sup> - 15<sup>th</sup> April 2018 – Gold Coast</b>

### Registration

To register for the camp please send the name of the players and coaches to – [pwuertz@ittfoceania.com](mailto:pwuertz@ittfoceania.com) by: **15<sup>th</sup> February 2018**